



CODE OF CONDUCT FOR PLAYERS

Panthers Basketball Club is pleased you have chosen to join our Club. Welcome!

We encourage you to work hard at practice and try hard during games so that you:

- enjoy your basketball to the full
- become a true sportsperson
- develop your skills to your maximum capacity

The suggestions that follow will help you to achieve those goals. At the same time, these suggestions say how the Club expects its players to behave for the good name of yourself, your fellow players and the whole Club. You need to try and follow the rules below to your best ability.

You for yourself

- Always play by the rules and always play fairly.
- Be competitive but never lose your temper.
- Enjoy the game and enjoy the company of your team-mates and opponents; treat them all as your friends.
- Behave and speak to others just as you would like to be treated and spoken to, no matter what the sex, cultural background or ability of the other person.

You and your opponents

- Always play fairly and in a sporting manner; without opponents there would be no game.
- Never use bad language or make nasty comments to or about anyone or anything that happens during a game.
- Never hit an opponent or make unfair contact with an opponent.
- Consider that each game is won by the team that has played best. Though it is nice to win, it is also good to be gracious when beaten.
- Always cheer your opponents at the end of every game. You might also wish opposition players good luck at the start of a game, and applaud good play by the other team during games.

You and your team

- Play to the best of your ability and play for the team.

- Never blame team-mates if they make a mistake and never give up trying even when a game looks lost. Encourage your team-mates.
- Praise your team-mates when they make a good play or try very hard.

You and the referee (and other officials)

- Accept the decisions of the referee(s) graciously. This includes not swearing or making rude signs or comments (to anyone) after any ruling.
- Never argue with the referee or any other official.
- Always cheer the referee(s) at the end of the game. Remember they are an important part of the game.

If you can't understand or disagree with decisions or instructions made by the referee or any other official talk to your coach. If he can't help you then he can talk to the referee during a break or after the game.

You and your coach

Co-operate with your coach at all times. Coaches are doing their best for you.

- Accept the coach's choice of tactics and player rotation during games.
- Accept instructions willingly from your coach during training and in games.
- Try hard to master skills and tactics during training and remember learning some skills does involve repeating it many times.
- If injured or being stood out at training or during a game, remain in clear view of the coach or supervising parent.
- Speak to your coach politely. Remember your coach may raise their voice occasionally, but only because they want something done quickly.

If you disagree with your coach about anything talk to them about it. But remember during a game, or a drill at training, is **not** the time unless the coach approaches you.

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